

## **"CHADD ADHD/LEARNING DISABILITIES WORKPLACE SUPPORT/DISCUSSION"**

PLACE: I-HOP  
775 Rockville Pike  
Rockville, MD 20852

Time From: 7:30 till 9:30 pm

### **MEETING DATES**

April 21  
May 19  
June 16  
July And August –Summer Vacation  
September 22  
October 20  
November 17  
December 15 - See more at: <http://www.chadd-mc.org/montgomery-workplace/#sthash.rytIF9hP.dpuf>

**NO COST -- OPEN TO ALL -- EVERYONE WELCOME**

The CHADD ADHD Workplace Support/Discussion Group provides participants an opportunity to discuss issues related to the workplace. Coping with ADHD AND OR LEARNING DIFFICULTIES at work is sometimes difficult but can sometimes be "profitable." By attending our discussion group you learn and share how others cope at work and get ideas which can make your daily work experiences more rewarding. All this is done in an informal atmosphere which respects all participants' confidences.

New participants are welcome. It is not necessary to be member of CHADD. Our Meeting facility provides private space where comfortable discussion can be held.

There is no obligation to purchase refreshments, although HOPPING down to IHOP you can enjoy great coffee, soda, pancakes, sandwiches, etc.

There's plenty of well-lit free parking and IHOP is just around the corner from the Rockville Metro Station.

Looking forward to meeting new participant, discussing new ideas.....

For Information Contact our Facilitator:

August Spector, Ed.D.  
Workplace Learning Systems  
Montgomery County ADHD Workplace Support Group Coordinator