

Santa Cruz County ADHD Support Group

CHADD CARES

CHADD works to improve the lives of people affected by AD/HD through:

Collaboration

Leadership

Advocacy

Research

Education and

Support

www.chadd.org

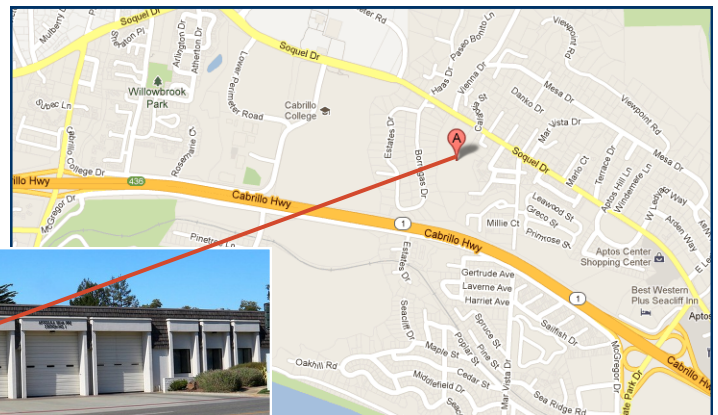
The Santa Cruz County Branch of CHADD (Children and Adults with ADHD) hosts monthly support group meetings for anyone who would like to learn more about ADHD and share resources.

The Parents of Children & Teens with ADHD group meets on the 2nd Wednesday of the month from 6:30-8 pm.

The Adults with ADHD group meets on the 4th Wednesday of the month from 6:30-8 pm.

December is a combined Parent & Adult meeting on the 2nd Wednesday due to holiday conflicts.

All groups meet in the conference room of the Aptos Fire Station, 6934 Soquel Drive, Aptos.



Contact: Judy Brenis, jbbrenis@comcast.net
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visit our website <http://www.chadd.net/436>

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Find us on Facebook: @SantaCruzADHD