

The Independent ADHD Adolescent



Looking to help your ADHD child become an independent adult? CHADD-Montgomery County is offering support for both of you as you grow through high school, post-secondary school, and the transition into young adulthood.

Sunday, April 21, 1:30pm to 4:30pm

Our Lady of Good Counsel High School, 17301 Old Vic Blvd, Olney, MD 20832

CHADD- Montgomery County is pleased to collaborate with the Ryken Studies Program of Good Counsel High School in offering this workshop.

This workshop will address the many issues parents face when dealing with adolescents with ADHD and/or executive functioning difficulties. Participants will gain a better understanding of the academic, social, and emotional challenges that adolescents face while in high school. We will discuss some of the difficulties in the transition from high school to college and explore other post-secondary options that are available to students with ADHD. Additionally, participants will develop strategies for fostering independence and encouraging self-advocacy in adolescents, and will feel better prepared to access support as needed.

1:30pm - 2:00pm	Welcome and introduction
2:00pm - 3:00pm	Balancing High School with ADHD: <i>Julie Bulitt</i>
3:00pm - 3:30pm	Break and networking
3:30pm - 4:30pm	Transitioning to College and Other Post-Secondary Options: <i>Judy Bass</i>

Julie Bulitt is the founder of Live Sane, LLC which was developed to provide ADHD management and coaching services to individuals and families with AD/HD. She is a Licensed Clinical Social Worker (LCSW-C) with 20 years of expertise in working with children, teens and families.

Judith S. Bass, Certified Educational Planner, provides comprehensive college and postsecondary planning for students with AD/HD and other learning differences. Ms. Bass holds a Master's Level Certificate in College Counseling from UCLA and is an instructor in UC-Irvine's College Consultant Certificate Program.

This workshop is free and open to the public. No registration is required.

For more information please contact:

Janette Patterson of CHADD-Montgomery County at (240)418-8022 or

janette.pat@gmail.com



CHILDREN AND ADULTS WITH
ATTENTION DEFICIT/HYPERACTIVITY DISORDER

Montgomery County Chapter

For directions, please contact Good Counsel High School at 240.283.3200