

AD/HD across the life span

<i>Preschool</i>	<i>School Age</i>	<i>Adolescence</i>	<i>Adulthood (18+)</i>
<ul style="list-style-type: none"> • Initial assessment • Multimodal treatment* • Coping with co-occurring conditions • Educational issues <ul style="list-style-type: none"> • Transition to school • IDEA • Parent/school collaboration • Child care issues • Family relationships • Social skills 	<ul style="list-style-type: none"> • Continued assessment • Multimodal treatment* • Coping with co-occurring conditions • Educational issues <ul style="list-style-type: none"> • IDEA & Section 504 • Parent/school collaboration • Transition to middle school • Homework • Child care issues/summer camp • Family relationships • Social skills 	<ul style="list-style-type: none"> • Continued assessment • Multimodal treatment* • Coping with co-occurring conditions • Educational issues <ul style="list-style-type: none"> • Increasing academic challenges • IDEA & Section 504 • Parent/School collaboration • Executive functions • Transition to high school/college • Self-esteem issues • Family relationships • Social skills, dating, and peer acceptance • Life management skills <ul style="list-style-type: none"> • Time management • Organizational skills • Learning to drive • Self-advocacy • Possible substance abuse, esp. in untreated adolescents 	<ul style="list-style-type: none"> • Continued assessment • Multimodal treatment* • Coping with co-occurring conditions • Educational/Workplace issues <ul style="list-style-type: none"> • Transition to higher education • Section 504 & ADA • Transition to workforce/workplace management (ADA) • Executive functions • Parenting skills • Partner relationships • Social skills • Life management skills <ul style="list-style-type: none"> • Time management • Organizational skills • Driving • Managing finances • Household management • Possible antisocial behaviors such as substance abuse & crime

***Multimodal treatment consists of parent and child education about diagnosis & treatment, specific behavior management techniques, stimulant medication, and appropriate school programming and supports. Treatment should be tailored to the unique needs of each child and family.**