

CHADD Pasadena
Children and Adults with ADHD
Foothill Chapter 920
Meeting Information

WHEN

The fourth Tuesday of the month
(*unless otherwise noted)
Doors open at 7:00 p.m.
Program runs 7:15 to 9:00 p.m.

WHERE

The Frostig Center
971 N. Altadena Dr., Pasadena

All Welcome!

Suggested donation \$5.00
for non-CHADD members

Like us on Facebook for all
communications regarding
meetings, speakers,
support
groups and more!



[https://
www.facebook.com/
CHADDpasadena/](https://www.facebook.com/CHADDpasadena/)

National CHADD website:
www.chadd.org

Children and Adults with
Attention-Deficit/Hyperactivity
Disorder (CHADD), is a
national nonprofit organization
that improves the lives of
people affected by ADHD
through education, advocacy,
and support.

CHADD PASADENA

2020 Winter-Spring Program Schedule

Tuesday, January 28

***DBT in a Nutshell: Dialectical Behavior Therapy
for Children, Adolescents, Adults & Families***

Jennie Léal, LMFT & Cathleen Cash, AMFT
Choices Counseling & Skills Center
Sierra Madre

Tuesday, February 25

THC/CBD/POT:

Natures Gift or Mankind's Nightmare

Leonard R. Baker, M.D. & C. Thomas Hartman, M.D.
Descanso Medical Center for Development & Learning
La Canada

Tuesday, March 24

***Anxiety: 30% of Children with ADHD Have It ...
How Do you Deal With It?***

Jeff Prater, Ph.D. & Kim Prater, Ph.D.
Psychology Resource Consultants
South Pasadena

Tuesday, April 28

***ADHD & Autism Spectrum Disorder:
Similarities, Differences
and Co-Existing Conditions***

Leslie Richard, M.D.
Descanso Medical Center for Development & Learning
La Canada

SUPPORT GROUPS

In association with CHADD Pasadena Foothill Chapter 920 the
following support groups, moderated by Lilli Rouleau, MA/LMFT
#92391, are offered (\$10 per session) for CHADD members.
Location: AcroVerde Counseling, 3715 Market St. #116, Montrose

PARENT SUPPORT GROUP Meetings

3rd Tuesday of the month 7:00-9:00 p.m.
Meets for support and to experience sharing in
a safe and trusting environment.

SUPPORT GROUP FOR ADULTS WITH ADHD

2nd Tuesday of the month 7:00-9:00 p.m.
The Support Group for Adults with ADHD meets for support and
experience sharing in a safe and trusting environment.
Adults who have, or believe they have ADHD are welcome.