



Monthly Speaker Series



PREGNANCY, HORMONES, AND ADHD: OH MY!

WITH

DR. MARY SALOTTO

THURSDAY, MARCH 21

7:00 PM ON ZOOM

RSVP: tinyurl.com/wwz2bytz



ABOUT THE EVENT

Pregnancy, Hormones, and ADHD, oh my! follows the impact of hormones on the experience and expression of ADHD throughout the female lifespan. It focuses primarily on the impact that shifting levels of estrogen and progesterone have on ADHD. While we get into the most specific detail when discussing pregnancy, the presentation touches on childhood, puberty, perimenopause, and menopause as well. Ways in which to best support changing needs across the lifespan are also discussed.

Mary Salotto is a licensed psychologist at Rittenhouse Psychological Services. She has experience in clinical settings ranging from schools to substance use treatment and evaluation of severe mental illness. Her significant experience with psychoeducational assessment has helped to shape her therapeutic style which combines problem-solving and logical approaches with compassion and empathy in order to help each client construct an inner and outer life they love.