



Kitsap CHADD

Support and Information for Parents, AD/HD Adults, Educators and Health Care Professionals
September 2023 – June 2024 Schedule

Thank you, Dr. Brian and Kerry Miller for starting this CHADD support group in 1993! Lynn has followed their legacy for 24 years.

Interested in attending a meeting? Email Lynn at myrvang@comcast.net for that Meeting's Zoom ID and Password up to 3 weeks before it is scheduled.

- September 12, 2023 **“What ADHD Coaching Can Do for You”**
Speaker – Nancy (Leubythe) Holm, Ph.D., Lifeline Coaching Services, PLLC, 425.483.5811
- October 10, 2023 **“Navigating IEP/504 Plans: Communication, Collaboration and Clarifications”**
Speaker – Josie Bean, Assistant Director of Special Services
- November 14, 2023 **“Transitioning into Services at the Secondary Level: What is There?”**
Speaker – Daniel Sellers, Special Services Supervisor OR Miki Paulson, Assistant Director of Special Services
- December 12, 2023 **“Teens and Family Conflict”**
Speaker – Robyn Frey MA., LMFTA, Springs of Hope Counseling, springsofhopetherapy@gmail.com
- January 9, 2024 **“Organized Enough is OK!”**
Speaker – Margaret Hay, Organizing Ninja, past Hoarders Show organizer
- February 13, 2024 **“Chaos, Stressors, Anger, and Poor Communication that Don’t Work with ADHD and Comorbidity, with Ideas to Help”**
Speaker – Paula Rovik, MA, MHP, LMHC Gateway Counseling, Director & Therapist
- March 12, 2024 **“Why Parents Need an Advocate, Whether Friend, Family, or Professional Educator, by The Numbers!”**
Speaker – Larry Martin Davis, Education Advocate: SpecialEducationAdvocacy.org, former Director of Special Education, Behavior Specialist, and Highly Capable Coordinator
- April 9, 2024 **“ADHD/ADD and Emotional Intimacy”**
Speaker – Heather Carstens, MA LMFT, Peninsula Psychological Center
- May 14, 2024 **“Medications and Management: Bring Your Questions”**
Speaker – Victoria Crescenzi, Developmental & Behavioral Pediatrician, Pediatric Clinic, Bremerton Naval Hospital
- June 11, 2024 **“Adults with ADHD: Medication Management”**
Speaker – Laurie Dupar, PMHNP, RN, PCC, Certified ADHD Coach and Nurse Practitioner at Coaching for ADHD and Director and Coach Trainer at the IACTCenter, <http://iactcenter.com/>
- July – August (No Meetings – Summer Break) See you in September
- When:** **Second Tuesday of each month from 7:00- 8:30 PM**
Lynn 360.779.5362, email – myrvang@comcast.net or Betty Bennett 360.990.3625
mynwcoach@gmail.com
Check Online: www.chadd.net/531 or www.chadd.org